Our Lady Star of the Sea Catholic Primary School Long Term Plan for

Foundation Subjects

YEAR 1	Autumn	Spring	Summer
Art	• Digital Media and drawing: self portraits	• Textiles / Printing: Mono printing	• Sculpture: Norton Priory
Computing	• Moving A Robot • Digital Painting	• Project Evolve • Grouping Data	• Digital Writing • Introduction to animation
DT	• Freestanding Structures	• Sliders and Levers	• Preparing Fruit and Vegetables
Geography	• Our School	• Our local area (Whitby, Whitby Park, Stanney Woods)	• Our country and our weather
History	• Me and My School	• The Empire Windrush	• George Mottershead and the story of Chester Zoo
Music	• Charanga: Hey You • Charanga: Rhythm in the Way We Walk and Banana Rap	• Charanga: In The Groove • Charanga: Round and Round	• Charanga: Your Imagination • Charanga: Reflect, Rewind, Replay
PE	• Y1 Locomotion - Running • Y1 Locomotion - Jumping • Gymnastics - Body Parts • Dance - Growing	• Y1 Ball Skills - Feet • Y1 Ball Skills - Hands 1 • Y1 Team Building • Y1 Games for Understanding	• Outdoor Athletics - Sports Day Preparation • Y1 Health and Wellbeing • Y1 Ball Skills - Hands 2 • Gymnastics - Wide, Narrow, Curled
RE	• God's Great Plan • Mary, Our Mother	• Families and Celebrations • Following Jesus	• The Resurrection • Miracles
RSHE	• SEAL: New Beginnings • SEAL: Getting On and Falling Out • No Outsiders: Elmer • No Outsiders: Ten Little Pirates	• SEAL: Good to be Me • SEAL: Going for Goals • No Outsiders: That's not how you do it • No Outsiders: Max the Champion	• SEAL: Relationships • SEAL: Changes • SRE: Safe Pants • No Outsiders: My World, Your World
Science	• Classifying animals and parts of human bodies • Names and properties of everyday materials	• Properties of everyday materials • What are plants and trees?	• Identify types of plants and trees • Animals and their habitats

YEAR 2	Autumn	Spring	Summer
Art	• Sculpture: Recycled materials	• Painting: Pop art	• Collage: Picasso
Computing	• IT Around Us • Robot Algorithms	• Pictograms • Project Evolve	• An introduction to quizzes • Digital Photography
DT	• Preparing Fruit and Vegetables	• Wheels and Axles	• Templates and Joining Textiles
Geography	• Our Local Area - Ellesmere Port and Chester	• Contrasting Continents: The Daintree Forest (Australia)	• Continents and Oceans
History	• Ellesmere Port: My Place	• Changes in living memory - toys over the last 100 years	• Nurses Now and Then: Mary Seacole, Florence Nightingale and Edith Cavell
Music	• Charanga: Hands, Feet, Heart • Charanga: Ho, Ho, Ho	• Charanga: I Wanna Play In A Band • Charanga: Zoo Time	• Friendship Song • Reflect, Rewind, Replay
PE	• Y2 Locomotion - Dodging • Gymnastics • Y2 Ball Skills - Hands 1 • Dance - Water	• Y2 Games for Understanding • Y2 Locomotion - Jumping 1 • Y2 Ball Skills - Hands 2 • Y2 Team Building	• Outdoor Athletics - Sports Day Preparation • Cricket • Dance - Explorers • Swimming
RE	• The Chosen People • The Mystery of God	• The Good News • The Mass	• Eastertide • The First Christians
RSHE	• SEAL: New Beginnings • SEAL: Getting On and Falling Out • No Outsiders: The Great Big Book of Families • No Outsiders: The First Slodge	• SEAL: Good to be Me • SEAL: Going for Goals • No Outsiders: The Odd Egg • No Outsiders: What The Jackdaw Saw	• SEAL: Relationships • SEAL: Changes • SRE: Keeping Clean, Growing and Changing, Families and Care • No Outsiders: Blown Away
Science	• Use of everyday materials; how we change materials	• Humans: survival, health and life cycles • What plants need to grow and reproduce (seeds and bulbs)	• What are habitats? • What is adaptation • Simple food chains

YEAR 3	Autumn	Spring	Summer
Art	• Textiles / Printing: Klimt	• Drawing	• Digital media: stop-motion animation
Computing	• Scratch Events and Actions • Branching databases	• Desktop Publishing • Project Evolve	• Animation • Connecting Computers
DT	• Healthy Diet	• Levers and Linkages	• Shell Structures
Geography	• Villages, Towns and Cities	• Mountains, volcanoes and earthquakes	• The UK
History	• Roman Empire and Impact on Britain	• Local History Study - Romans in Chester	• The History of Liverpool
Music	• Charanga: Let Your Spirit Fly • Charanga: Glockenspiel 1	• Charanga: Three Little Birds • Charanga: The Dragon Song	• Charanga: Bringing Us Together • Charanga: Reflect, Rewind, Replay
PE	• Swimming • Circuits • Tag Rugby • Korfball	• Dance - Wild Animals • Gymnastics - Beth Tweddle Y3 • Y3 Hockey • Y3 Netball	• Athletics - Competitions • Y3 Orienteering • Problem Solving • Athletics - Throwing and Jumping
RE	• The Christian Family • Mary, Mother of God	• Sacrament of Reconciliation • Celebrating the Mass	• Celebrating Easter and Pentecost • Being a Christian
RSHE	• SEAL: New Beginnings • SEAL: Getting On and Falling Out • No Outsiders: We're All Wonders • No Outsiders: This is our house	• SEAL: Good to be Me • SEAL: Going for Goals • No Outsiders: Two Monsters • No Outsiders: The Hueys in the New Jumpers	• SEAL: Relationships • SEAL: Changes • SRE: Personal Space and Family Difference • No Outsiders: Beegu
Science	• Light • Forces and magnets	• Rocks • The skeleton and muscles	• Nutrition • Parts of a flower; requirements for plant growth
Spanish	• A New Start: simple greetings, colours, numbers • Calendars: Days, months, birthdays	• Domestic animals • Playground games with numbers, colours, days and months	• Fruit and vegetables • Colours, commands, questions

YEAR 4	Autumn	Spring	Summer
Art	• Drawing self portraits	• Painting and sculpture: Kandinsky	• Textiles and collage: mosaics
Computing	• Kodu Coin Quest • Repetition in Shapes	• Photo Editing • Project Evolve	• The Internet • Data Logging
DT	• Textiles: 2D Shape to 3D Product	• Ignite Masterchef	• Simple Circuits and Switches
Geography	• The North West of England and North Wales	• Europe	• Murcia
History	• Britain's settlement by Anglo Saxons and Scots	• The Vikings: Raiders, Traders, Explorers or Settlers?	• The Maya
Music	• Edsential: Brass Instruments	• Charanga: Stop! • Charanga: Blackbird	• Charanga: Glockenspiel 2 • Charanga: Reflect, Rewind, Replay
PE	• HIIT - Joe Wicks • Lacrosse • Basketball • Gymnastics - Bridges	• Dance - Cats • OA: Communication and Tactics • Swimming • Handball	• OA and Orienteering • Cricket • Dodgeball • Gymnastics - Beth Tweddle Y4 • Mountain walk
RE	• The Bible • Trust in God	• Jesus, the Teacher • Jesus, the Saviour	• The Early Christians • The Church
RSHE	• SEAL: New Beginnings • SEAL: Getting On and Falling Out • No Outsiders: Dogs Don't Do Ballet • No Outsiders: King and King	• SEAL: Good to be Me • SEAL: Going for Goals • No Outsiders: The Way Back Home • No Outsiders: The Flower	• SEAL: Relationships • SEAL: Changes • SRE: Differences between boys and girls; naming body parts • No Outsiders: Red: A Crayon's Story
Science	• States of Matter including the water cycle • Sound	• Electricity - conductors, insulators, simple circuits and switches • Classification keys and how environments change	• The digestive system, teeth and food chains
Spanish	• Numbers up to 30 • Classroom objects • Saying when birthday is • My local area, your local area (where is…?): buildings around town • There is / there are	• Members of the family • Parts of the body	• Jungle animals • Describing the weather and ordering ice creams

YEAR 5	Autumn	Spring	Summer
Art	• Painting	• Printing	• Sculpture
Computing	• Video Editing • Vector Drawing	• Databases • Project Evolve	• Sharing Information • Selection in Quizzes
DT	• Frame Structures	• Pulleys and Gears	• Celebrating Culture and Seasonality: bread (cooking)
Geography	• The Great Lakes	• Rivers and the water cycle	• Brazil
History	• Greeks and their influence on us	• The achievements of the earliest civilisations	• Ancient Egypt
Music	• Charanga: Livin' On A Prayer • Charanga: Classroom Jazz	• Charanga: The Fresh Prince of Bel Air	• Charanga: Dancing In The Street • Charanga: Reflect, Rewind, Replay
PE	• Running • Athletics - Competitions • Dance - Greeks • Tag Rugby	• Gymnastics - Beth Tweddle Y5 • Netball • Lacrosse • Health Related Exercise	• Athletics - Throwing and Jumping • Outdoor Circuits • Badminton • Tri-Golf
RE	• Creation • God's Covenants	• Inspirational People • Reconciliation	• Life in the Risen Jesus • Other Faiths
RSHE	• SEAL: New Beginnings • SEAL: Getting On and Falling Out • No Outsiders: Where The Poppies Grow Now • No Outsiders: Rose Blanche	• SEAL: Good to be Me • SEAL: Going for Goals • No Outsiders: How To Heal A Broken Wing • No Outsiders: The Cow Who Climbed A Tree	• SEAL: Relationships • SEAL: Changes • SRE: Growing and Changing; Body Changes, Reproduction and Puberty • No Outsiders: And Tango Makes Three
Science	• Properties of and changes in materials: reversible and irreversible changes • Forces	• Earth and Space • Circulatory system, nutrients and lifestyle	• Life cycles of different classes of animal and reproduction of some plants and animals • Life changes as we get old
Spanish	• School subjects, likes and dislikes • Buildings around the city	• Healthy Eating • Clothes	• Planets • Going to the seaside

YEAR 6	Autumn	Spring	Summer
Art	• Digital Media and drawing	• Drawing and painting	• Mixed media: textiles, collage, painting
Computing	• Variables in Games • 3D Modelling	• Spreadsheets • Project Evolve	• Communication • Web Page Creation
DT	• Textiles (Time For A Change)	• Monitoring and control of electrical systems	• Creating Pizzas
Geography	• Global Trade	• Climate Zones and Climate Change	
History	• The Blitz	• Stone Age/Bronze Age/Iron Age changes	• Trade through Time: How Trade Shaped Our Town
Music	• Charanga: Happy • Charanga: Classroom Jazz 2	• Charanga: A New Year Carol	• Charanga: You've Got A Friend • Charanga: Reflect, Rewind and Replay
PE	• Health Related Exercise • Athletics- Competitions • Basketball • Problem Solving	• Dance - Carnival • Gymnastics - Beth Tweddle Y6 • Korfball • Hockey	• Outdoor Athletics • Communication & Tactics • Cricket • Tennis
RE	• The Kingdom of God • Justice	• Exploring the Mass • Jesus, the Messiah	• The Transforming Spirit • Called to Serve
RSHE	• SEAL: New Beginnings • SEAL: Getting On and Falling Out • No Outsiders: My Princess Boy • No Outsiders: The Thing	• SEAL: Good to be Me • SEAL: Going for Goals • No Outsiders: The Island • No Outsiders: Leaf	• SEAL: Relationships • SEAL: Changes • SRE: Puberty, Reproduction and Pregnancy • No Outsiders: Dreams of Freedom
Science	• Light • Electricity	• More detailed classification based on characteristics	• Evolution and inheritance
Spanish	• School subject likes and dislikes • Time • Daily routines • Houses and homes	• Sport • Hobbies	• Cafes and restaurants